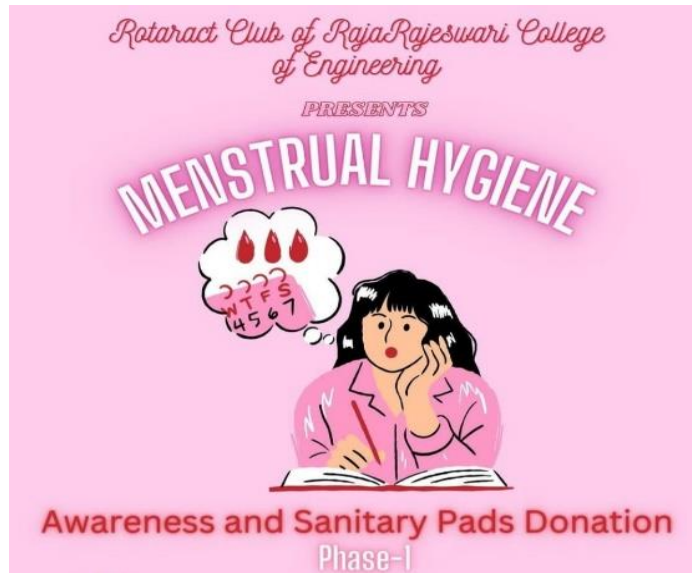


## ROTARACT CLUB – RRCE

### MENSTRUAL HYGIENE AWARENESS AND SANITARY PADS DONATION

On 08<sup>th</sup> APRIL 2023



Menstrual hygiene has been a far heard measure many global institutes campaign to uphold the safety of women’s health. Some of these tips reach to a fewer amount of people and most of them are unaware on the importance of prioritizing it on a routine. Rotaract club of Rajarajeswari College of engineering took an initiative to spread the very guidelines and also contribute to menstrual hygiene by donating over 1000 pads.

The awareness program phase 1 started off with a quick seminar hosted by Rtr. Shruthi Ramesh to share hygiene measures that could be cultivated as a part of healthy lifestyle. Later fellow rotaractors took charge in placing 30 pads in every girls washroom located at four floors and over 50 pads to the girl’s hostel.

for Classes	8.30 AM
reak(Others)	12.00 PM to 12.45 PM
reak(1st-Yrs Timings)	12.45 PM to 1.10 PM
g for Classes	1.15 PM
) Hostel	4.15 PM
Mess Timings	5.00PM
ngs	6.00PM
Mess	8.00PM

