



# RajaRajeswari College of Engineering

(An Autonomous Institute, Affiliated Visvesvaraya Technological University, Belagavi,  
Approved by AICTE, UGC & GoK, Accredited by ISO 9001-2015 Certified Institution)

Sponsored by: MOOGAMBIGAI CHARITABLE AND EDUCATIONAL TRUST

## Department of Computer Science and Engineering



### REPORT OF INDUSTRY VISIT

Report of visit to Art of Living for a visit, Bengaluru, Karnataka on Thursday, 26th September 2024 with respect to the subject of VTU activity plan based of 1st - semester students of Computer Science and Engineering.

**Students learned information about peacefulness and Manifestation:** Embracing the present moment helps you appreciate life more deeply. Practicing mindfulness can reduce stress and enhance your overall well-being.

**Stability and Coordination:** Striving for balance in different aspects of life—work, relationships, and personal interests—promotes a sense of harmony and fulfillment.

**Self-Discovery and Progress:** The art of living involves continuous self-exploration and personal growth. Understanding your values, passions, and purpose enriches your life experience.

**Construction and Community:** Building meaningful relationships and nurturing a sense of community contributes significantly to happiness. Shared experiences and support systems enhance life's richness.

**Appreciation and Positivity:** Cultivating gratitude helps shift your perspective towards the positive aspects of life. Regularly acknowledging what you're thankful for can lead to increased happiness and resilience.

**The following faculty members are arranged, coordinating, and accompanying the students**

1. Dr. C Lakshmi, Associate Professor- CSE
2. Mrs. Vm.Saravanaperumal, Assistant Professor –CSE




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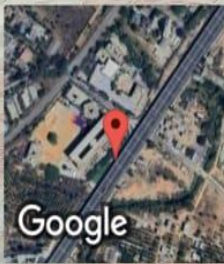
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 GPS Map Camera



Bengaluru, Karnataka, India

Rajarajeswari College of Engineering, Bengaluru, Karnataka 560074, India

Lat 12.886688°

Long 77.450486°

26/09/24 09:54 AM GMT +05:30

**Campus:** #14, Ramohalli Cross, Kumbalgodu, Mysore Road, Bengaluru – 560074

Phone: +91-80-28437124 / 28437327

Email Id: [kirubha@rrce.org](mailto:kirubha@rrce.org)

Website: <https://www.rrce.org>

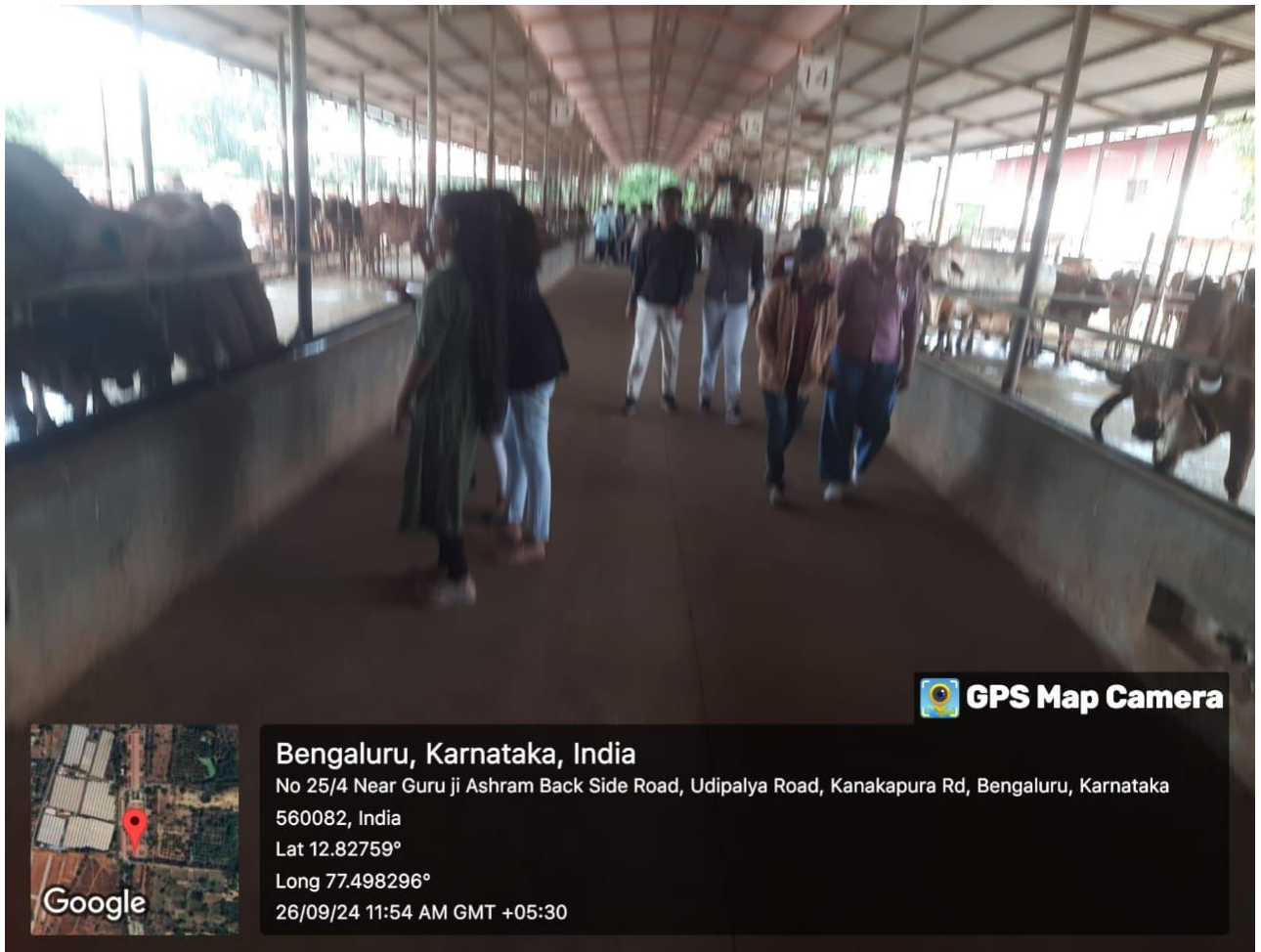


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**Bengaluru, Karnataka, India**

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560082, India

Lat 12.82759°

Long 77.498296°

26/09/24 11:54 AM GMT +05:30

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